



ESL Virtual Learning

Study Skills

April 30, 2020

Lesson: April 30, 2020

Objectives:

1. Students will learn about Altruism.
2. Students will watch stories about people giving happiness to others.
3. Students will think about the power of giving rather than receiving.
4. Students will be challenged to do an act of kindness.
5. Students will work on missing homework and keep up on their classes.

Study Skills E-LEARNING Thursday, April 30th





Thoughtful Thursday!

Continue to do what you have been doing to get the best grade for 2nd Semester.

What is Altruism? See next slide!

Giving more to receive more.

Thinking about others more than yourself.

Be Kind!

Kindness 101

Open the link to the video of [On the Road with Steve Hartman: Kindness 101 \(Alturism\)](#)

Answer the Questions below as you are watching this video.

1. Why do people care about someone else's happiness more than their own happiness? Explain.
2. When you are kind to someone else and you share your happiness you get more in return. Do you believe this? Why or Why not?
3. Think about the concept of being more happy when you give something to someone than when you receive something from someone. What do you think about this concept? It doesn't mean you are not happy to receive gifts but you are happier when you give. And it doesn't have to be something expensive.
4. Try it!

No likes going through tough times but when we do, it is great to have a friend to lean on and support you.



Kindness 101

Open the link to the video of [On the Road with Steve Hartman: Kindness 101 \(Altruism\)](#)

Answer the Questions below as you are watching this video.

5. In story one in the video the young boy Myles did something that was altruistic. What did he do?
6. The second story is about a man who gave up his job for a total stranger. Do you think you could do something so altruistic for a stranger?
7. Do you think Eugene has any regrets for quitting his job? Or did he give away his licorice and two back in return?
8. What did the neighbors of Samantha do for her?

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One Act of Altruism

Altruism can generate positive energy to help someone heal.

Explain how this worked in the last story about Quinn?



Reflection On Kindness

Remember to do one kind act.

- say thank you
- volunteer at home
- care for someone else's happiness



A Weekly Check In! If you have not done so, I would like you to take this weekly survey letting us know how you are doing.



Things to Remember

- Contact your teachers, tell them hello. We miss you!
- There is still time to improve your grades for 2nd semester.
- You can still get a Chromebook at Truman High School. Go to the school from 11:00a.m. to 1:00p.m. Your parent needs to go to sign a waiver.
- Go to this link that was shared in an email by Dr. Herl to get free WiFi. <https://corporate.comcast.com/covid-19>
- Here is a [Spanish video](#) on how you can use your cell phone as a HOT SPOT. Please share this with all the other ESL students.

I hope it was a wonderday for you. Don't forget teachers are available to help you. You need to email us. Let us know what kind act you did today.

Mrs. Lamas

